

# Thyme For Me/October

Aroma Therapies Spa/814-443-1217

## Aromas of Fall Inside Your Home

Fall is a beautiful time of the year. It's the season of vibrant colors, family gatherings, and wonderful aromas of home-baked pumpkin spice goodies. You can diffuse essential oils to capture your favorite seasonal scent in your own home without turning on the oven or burning toxic candles.

### Autumn Meadows

4 drops Douglas Fir  
2 drops Cypress  
2 drops Patchouli  
2 drops Juniper Berry

### Ginger Snaps

4 drops Ginger  
2 drops Cassia  
2 drops Cinnamon

### Fall Harvest

4 drops Cedarwood  
3 drops Cassia  
3 drops Wild Orange  
2 drops Juniper Berry

### Spooky Boo (Halloween)

2 drops Clove  
2 drops Frankincense  
3 drops Patchouli  
2 drops Spikenard

## Warm Pumpkin Spice

3 drops Cinnamon

3 drops Ginger

2 drops Clove

2 drops Cardamom

## Orange Cinnamon Buns

4 drops Wild Orange

3 drops Cinnamon

3 drops Cardamom

## Evening by the Fire

3 drops Douglas Fir

3 drops Frankincense

2 drops Sandalwood

2 drops Lavender

4 drops Wild Orange



It's no trick how perfect this blend is for any fall festivity. This aromatic treat is simply uplifting, putting you in the right mood to enjoy the thrills and excitement all around you. So get your diffuser ready or come into Aroma Therapies Spa to experience this eerily ideal diffuser blend! 10% off any of these four essential oils during October.

## FAMILY FUN- Make Essential Oil Infused Autumn Centerpieces

Go on a nature walk this fall with family or friends and gather colorful dry autumn leaves, pine cones and small gourds in a clear glass vase or container. Add a few drops of your favorite fall-time essential oils, and you'll have a beautiful display.

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### NEWSWORTHY TIDBITS

1). Beginning the week of August 29th, the spa will only be open for appointments on Wednesdays and Thursdays due to my semi-retirement status.

2). September 15th 'The Ranch At Weatherby Biblical Garden' will close in order to bring the plants indoors for the winter. It will reopen next year around June 15th, Lord willing.

3). Reminder- Each month through the end of the year a free service will be given away to one lucky winner. Each item purchased in the gift shoppe will get you an entry ticket for the drawing at the end of each month.

4). During the month of September, purchase any combination of gift sets totaling \$100 and \$20 will be subtracted from your next service at the spa.

5). During the month of October, purchase any diffuser and receive a free bottle of doTerra essential oil.

6). Free iTovi Scan with any (in stock) doTerra purchase through the remainder of this year.

7). Check out the clearance table with new & used items for only \$5.00 this month.

8). November is 'Brown Bag' month- Fill a brown bag with \$100 worth of individual items from the gift shoppe and get 15% off your next service.